

BEGINNINGS

SOUP DU JOUR 4

SHRIMP COCKTAIL 12 

HOUSE CHILI 5 

5 Jumbo Shrimp | House
Cocktail Sauce | Seared Lemon

FROM THE GARDEN

Add a cup of soup 3

CCC MISTO SALAD 13 | 9   TroonFIT

Artisan Greens | Spiced Pecans | Craisins | Crumbled Blue Cheese | Roasted Pear Vinaigrette

CAESAR SALAD 13 | 9 

Romaine Hearts | Sourdough Croutons | Oven Roasted Tomato | Parmigiana Reggiano | Caesar Dressing

SMOKEHOUSE SHRIMP WEDGE SALAD 17 | 13 

Grilled Skewered Shrimp | Iceberg Wedge | Tomato | Bacon | Blue Cheese | Egg | Ranch Dressing

HONEY CRUNCH SALAD 15 | 11

Crispy Chicken Tenders | Chopped Romaine | Diced Tomato | Red Onion | Clover Honey Dijon Vinaigrette

ACCOMPANIMENTS

GROUPER FILLET 6 OZ	11
WILD-CAUGHT SALMON FILLET 5 OZ	11
5 JUMBO BLACK TIGER SHRIMP	9
GINGER SEARED SAKU TUNA 5 OZ	11
GRILLED CHICKEN BREAST 5 OZ	6
SLICED NEW YORK STRIP 5 OZ	10



Gluten Free Options Available Upon Request

Gluten Free



Vegetarian

TroonFIT

500 Calories or less

FROM THE LAND

Featuring Meats By Linz Of Chicago

CCC PRIME BURGER 16

8 oz. Prime Grade Beef | Brioche Roll | Lettuce | Tomato | Pickle | Choice Of Side
Cheese Choice: Provolone | Swiss | Cheddar

ROASTED TURKEY DINNER 22

Slow Roasted Turkey Breast | Sausage Stuffing | Turkey Gravy With Pan
Drippings | Cranberry Relish | Boursin Whipped Potatoes | Chef's Vegetables

10 OZ. NEW YORK STRIP AU POIVRE 30

Peppercorn Crusted Strip | Mustard Peppercorn Demi Cream | Boursin Whipped
Potatoes | Chef's Vegetables

MUSTARD HERB-CRUSTED LAMB LOIN CHOPS 28

Port Wine Demi-Glace | Boursin Whipped Potatoes | Chef's Vegetables

VEAL PICCATA 24

Panko-Breaded Tenderloin | Mushroom | Caper Butter Sauce | Boursin Whipped
Potatoes | Chef's Vegetables

BLACK ANGUS PRIME RIB 10 OZ. 30 | 14 OZ. 39

Horseradish Sauce | Au Jus | Boursin Whipped Potatoes | Chef's Vegetables
Available Friday Night Only

FROM THE SEA

EVERGLADES CORNBREAD STUFFED FRESH TROUT 26

Shrimp Étouffée Sauce | Herb-Scented Basmati Rice | Chef's Vegetables

MONGOLIAN SHRIMP 24

Pan-Seared Jumbo Shrimp | Teriyaki Butter | Julienne Peppers | Baby Bok Choy |
Herb-Scented Basmati Rice

GROUPER SANDWICH 18

7 oz. Grouper Fillet | Soft Hoagie | Lettuce | Tomato | Tartar Sauce | Choice Of Side
Style Choice: Panko-Fried | Blackened | Herb-Grilled

ASIAN BBQ SALMON 23

Hoisin BBQ Sauce | 6 oz. Seared Salmon Fillet | Sesame Seeds | Scallions | Crispy
Wontons | Herb-Scented Basmati Rice | Chef's Vegetables

*Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of foodborne illness.*

FROM THE OVEN

10" PEPPERONI PIZZA 14

Pepperoni | House Sauce | Three-Cheese Blend

Cheese Only 11

10" MEAT LOVERS PIZZA 16

Pepperoni | Sausage | Capicola | Bacon | House Sauce | Three-Cheese Blend

10" TACO PIZZA 14

Mexican Ground Beef | Salsa | Diced Tomatoes | Colby Jack Cheese | Sliced Jalapenos | Black Olives | Shredded Lettuce | Sour Cream Drizzle

STEAK & GORGONZOLA FLATBREAD 14

Grilled House Crust | Alfredo Sauce | Shaved Prime Rib | Crumbled Gorgonzola | Arugula | Roasted Tomato | Balsamic Glaze

OH MY VEGGIES!

IMPOSSIBLE BURGER 15

6 oz. Plant Based Burger | Lettuce | Tomato | Pickle | Brioche Roll

Cheese Choice: Provolone | Swiss | Cheddar | One Side

CAULIFLOWER CAPRESE PIZZA 14

Cauliflower Crust | Pesto | Tomato | Fresh Mozzarella

STUFFED PORTOBELLO & RISOTTO 15

Grilled Portobello | Spinach | Pine Nuts | Boursin Cheese | Roasted Red Peppers | Truffle Parmesan Risotto

TUSCAN CAVATAPPI 15

Roasted Tomatoes | Roasted Garlic | Olives | Artichokes | Cavatappi Pasta | Tuscan Cream Sauce | Pesto Crostini

SIDES

INCLUSIVE

FRENCH FRIES
BOURSIN WHIPPED POTATOES
HERBED BASMATI RICE
BAKED POTATO
FRESH POTATO CHIPS
POTATO SALAD
COLE SLAW
DICED FRUIT
BROCCOLI
SWEET FRIES +2
ONION RINGS +2
LOADED BAKED POTATO +3

FRENCH FRIES 2
BOURSIN WHIPPED POTATOES 3
CHEF'S VEGETABLES 3
HERBED BASMATI RICE 3
BAKED POTATO 2
FRESH POTATO CHIPS 1.5
POTATO SALAD 1.5
COLE SLAW 1.5
DICED FRUIT 2
BROCCOLI 1.5
SWEET FRIES 3
ONION RINGS 3
LOADED BAKED POTATO 5

À LA CARTE