Soup

Soup of the Day Cup \$5 / Bowl \$7

French Onion Bowl \$7

Classic French onion soup topped with garlic crostini and melted Swiss cheese

Cup \$5 / Bowl \$7 Littleneck clams, celery, onions, and potatoes Chili (GF) Cup \$5 / Bowl \$7 Hearty rich chili simmered with herbs and spices, served with Cheddar cheese and

\$14

Clam Chowder

tortilla chips

Appetizers

C Loaded Potato Skins 6 jumbo potato skins stuffed with cheddar cheese, bacon and green onions served with sour cream	\$10
Chicken Quesadilla Steak Quesadilla Shrimp Quesadilla Vegetable Quesadilla Served with homemade salsa and sour cream	\$12 \$14 \$15 \$12
Fried Coconut Shrimp 8 crispy fried coconut shrimp served with tangy Asian dipping sauce and Mandarin oranges	\$14

Chicken Wings	\$14
10 wings served mild, hot or BBQ	

BBQ Short Rib Sliders

3 braised BBQ short ribs topped with Cheddar cheese and crispy onions

Salads

Dressings: Ranch, Blue Cheese, Balsamic Vinaigrette, Honey Mustard, Creamy Parmesan, Raspberry Vinaigrette, Greek Vinaigrette, Sesame, Lemon Poppy, or Oil and Vinegar

Sesame Chicken Saladhalf \$12 / full \$14Grilled chicken tossed with ginger soy sauce and served over a bedof mixed greens with wonton crisps, mandarin oranges, cucumberstraws, and grape tomatoes. Served with sesame dressing

Grilled Salmon Saladhalf \$14 / full \$16Romaine hearts, grape tomatoes, red onions, cucumbers, chickpeas,
and bacon tossed in creamy parmesan dressing. Half salad has 4oz of
Salmon, full has 8oz of Salmon.

House Saladhalf \$9 / full \$11Fresh greens, onions, cucumbers, carrots, Cheddar Jack cheese, and
croutons with your choice of dressing

Caesar Saladhalf \$9 / full \$11Romaine, parmesan, and croutons in a creamy parmesan dressing

BBQ Chicken Saladhalf \$12 / full \$16Romaine hearts, grape tomatoes, cucumbers, carrots, bacon, andCheddar Jack cheese tossed in BBQ ranch dressing and topped withgrilled BBQ chicken and tobacco onions

Candied Pecan and Pear Salad (GF) half \$12 / full \$14 Mesclun greens, golden raisins, candied pecans, poached pears, red onions, and feta tossed in lemon poppy dressing

BLT Wedge Salad (GF)half \$10 / full \$12Iceberg lettuce, bacon, blue cheese, tomatoes, and chives with your
choice of dressing

Apple Harvest Saladhalf \$12 / full \$14Diced apples, red beets, pumpkin seeds, and cranberries served over
a bed of mixed greens with champagne vinaigrette

Steak Saladhalf \$14 / full \$16Seared medallions of steak with blue cheese vinaigrette served overRomaine lettuce with grape tomatoes, cucumbers, and crispy onions

Handhelds

Accompanied with your choice of French Fries or House Chips. Substitute for an additional \$1: Onion Rings, Sweet Potato Fries, or Fresh Fruit Cup. Substitute for an additional \$2: Cup of Soup du Jour. Gluten-free burger bun is available for \$2.

Build Your Own Burger\$12Control Garden Burger - Vegetarian\$127 oz. fire-grilled beef patty or 4oz veggie patty, topped withlettuce, tomato, and onion on a brioche bun. Served with a dillpickle and choice of one type of cheese (American, blue cheese,Swiss, melted brie, mozzarella). Add bacon, sauteed mushrooms,crispy onions, fried egg, pepperoni, and ham \$0.50 each itemHeritage Hunt Chicken Salad\$13Our signature chicken salad made with golden apples, candiedpecans, toasted pepitas, grapes, and fresh herbs on a croissant.

French Dip\$13Slow roasted prime rib sliced and served on a warm baguette
with melted provolone and au jus dipping sauce.

Heritage Hunt Reuben\$14Thin cut beef, sauerkraut, Thousand Island dressing, and Swisscheese, pressed and griddled on marble rye.

Mushroom Swiss Burger\$137 oz. fire-grilled beef patty with rosemary Dijonnaise, meltedSwiss, and sauteed mushrooms on a brioche bun. Served with a
dill pickle.

Smoked Whisky Burger\$137 oz. fire-grilled beef patty, drunken BBQ sauce, Cheddar cheese,
and crispy tobacco onions on a brioche bun. Served with a dill
pickle.

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\mathcal{D} Vegetarian Option Available

*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Please ask your server for more information. An 18% service charge will be included in your total bill

Grilled Chicken Gyro\$13Grilled chicken stuffed in a warm pita with shredded lettuce,
diced tomato, feta cheese, and tzatziki

Salmon BLT Wrap\$13Chunks of grilled salmon wrapped in a grilled flour tortilla with
Applewood smoked bacon, shredded lettuce, and tomato. Served
with rosemary aioli

Meatball Sub\$13Jumbo meatballs baked in a French bread roll with marinara and
provolone cheese

Fish and Chips\$156 oz. of fresh cod is hand dipped in our beer batter and servedwith French fries, tartar sauce, ketchup, and malt vinegar.

Chicken Tenders\$10Buttermilk fried chicken served with French fries and dipping
sauce.

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Hot Dog\$6¼ pound all beef frank in a warm bun. Served the way you want!Choose from ketchup, mustard, mayo, relish, diced onion, wholegrain mustard, and sauerkraut.Add French Fries or House Chips for \$2.

(GF) Gluten Free

Pasta

Pasta entrées are served with a house salad and garlic bread. Add *\$1 for Caesar or wedge substitution.*

Grilled Shrimp \$23 Grilled jumbo shrimp with pesto cream sauce served over angel hair pasta

Tuscan Chicken \$21 Sauteed chicken, sundried tomatoes, and spinach tossed with linguine

Chicken Alfredo \$21 Fresh linguine, butter, parmesan, and a hint of cream

Chicken Parmesan \$21 Crispy fried chicken breast topped with marinara sauce and served with spaghetti marinara

Spaghetti and Meatballs \$18 Three 2 oz. jumbo all-beef meatballs simmered in Marinara and tossed with spaghetti

Chicken Piccata \$20 Tender chicken scaloppini grilled with garlic, capers, and white wine and served over angel hair

Mushroom Florentine Ravioli \$22 Mushroom stuffed ravioli tossed with bechamel sauce and topped with sauteed spinach and sundried tomatoes

Ciopinno Pasta	\$26
Shrimp, mussels, and mahi sauteed with red and	d green peppers,
and red onion. Finish with a basil tomato broth a	and served with
your choice of rice and linguini pasta.	

Pasta Primavera - Vegetarian \$18 Spinach, Zucchini, and Squash sautéed in a pesto wine sauce with angel hair pasta. Accompanied with a house salad. Make Vegan by substituting rice for pasta.

Seafood

Seafood entrées are served with choice of side and a house salad. Add *\$1 for Caesar or wedge substitution.*

Crab Cakes SMarket Price Three 3 oz. crab cakes with lemon caper aioli and choice of side

Grilled Salmon (GF) \$22 Fire grilled hand cut Atlantic salmon topped with herb butter, served with lemon and choice of side

Shrimp Skewers (GF) \$22 Eight jumbo shrimp marinated and fire grilled, served with garlic butter and choice of side

Parmesan Crusted Flounder \$22 6 oz. Atlantic flounder fillets pan sauteed with a crispy parmesan crust and topped with a creamy lemon sauce and choice of side

Seafood Platter \$30 4oz grilled salmon, 3oz crab cake and 3 shrimp skewer served with your choice of side

Pecan/Curry Crusted Mahi Mahi \$24 8oz Mahi Mahi filet topped with curry/pecan spread and broiled to perfection. Served with your choice of side

Sides

Buttered Broccoli	\$6	Rice Pilaf	\$6
Scratch Potatoes	\$6	Sauteed Spinach	<i>b</i> .c
French Fries	\$6	and Crispy Garlic	Ş6
Grilled Asparagus	\$6	Baked Potato	\$6
Green Beans with Compound Butter	\$6	Loaded Baked Potato \$7 Loaded with bacon, sour cream, cheese, and chives	

Chophouse

Chophouse entrées are served with choice of side and a house salad. Add \$1 for Caesar or wedge substitution.

Herb Crusted Prime Rib* \$25 10 oz. slow roasted prime rib steak hand cut and served au jus with horseradish cream and choice of side

\$21 Pork Chop Thick cut bone-in 10 oz. pork chop basted with a bourbon honey glaze and finished with bacon and an apple brown sauce reduction with choice of side

General Tso's Chicken \$17 Chunks of crispy chicken tossed in a sweet teriyaki sauce and served with your choice of side

Beef Tips* \$22 Tenderloin tips sauteed with onions and garlic and tossed with demi-glace and served with your choice of side

Meatloaf \$17 Two 4 oz. slices of meatloaf topped with rich brown gravy and served with your choice of side

Vegetable Stir-Fry - Vegetarian \$17 Zucchini, Squash, Broccoli, Carrots, and Red Peppers simmered in a tangy ginger soy sauce and served over rice pilaf. Accompanied with a house salad.

Braised Short Ribs \$22 Braised short ribs, fork tender and topped with Espanola sauce

Grilled Ribeye \$28 Chargrilled 12oz rib eye topped with herb compund butter and served with choice of side.



Please call 703-743-2021 to order.

Tuesday 11:00 a.m. - 5:00 p.m. (Lunch Menu)

Wednesday through Sunday 11:00 a.m. - 8:00 p.m.

Please use member charge when ordering, we do not accept cash. Delivery to special needs residents using carts is only available until 5:00 p.m.

Vegetarian Option Available (GF) Gluten Free