Breakfast Burrito
Scrambled Egg, Bacon, Sausage, Tomato, Onion, Scallion, Cheddar Jack, Flour Tortilla, Salsa
Side of Fresh Fruit

## Avocado Toast

Open Faced, Creamy Avocado, Smoked Salmon, Hard Boiled Egg, Toasted Artisan Ciabatta,
Watermelon Radish, Arugula, Pine Nuts

## Fresh Fruit and Berries

Seasonal Melon, Pineapple, Berries, Banana Bread, Choice of: Cottage Cheese, Yogurt, or Sorbet
*Egg White and Spinach Omelet ${ }^{6}$
One Egg White, Shitake Mushrooms, Sautéed Spinach, Roasted Bell Peppers, Olive Oil, Fresh Fruit "Cup"

## Caprese Salad

## Petite 10 Regular 14

Crisp Greens, Fresh Mozzarella, Sliced Tomato, Pesto Aioli, Balsamic Glaze, Fresh Chiffonade Basil

## Pecan Crusted Chicken Salad

Petite 12 Regular 16
Crisp Greens, Pecan Crusted Chicken Breast, Tomatoes,
Cucumbers, Mandarin Oranges, Dried Cranberries,
Honey Mustard Dressing
*Mediterranean Avocado Salmon Salad (6) 17
Tomatoes, Cucumber, Red Onion, Kalamata Olives,
Avocado, Feta Cheese, Artisan Greens, Grilled Salmon.
Served with Greek Dressing
Mango, Shrimp and Avocado Salad
Lightly Seasoned Grilled Shrimp, Mango, Avocado, Strawberries, Cucumber, Red Onion, Artisan Greens.
Served with Apple Cider Vinaigrette

## *Summer Wedge Salad

Iceberg Wedge, Charred Corn, Tomatoes, Cucumber,
Crumbled Blue Cheese, Bacon, Creamy Ranch,
Balsamic Glaze. Served with Blackened Chicken
Grilled Chicken Cobb Salad
Petite 12 Regular 16
Crisp Greens, Grilled Marinated Chicken Breast,
Avocado, Grape Tomatoes, Smoked Bacon, Black Olives,
Blue Cheese Crumbles, Hard Boiled Egg, Derby Dressing

| Salad Additions: | 5 |
| :--- | ---: |
| Chicken Salad | 6 |
| Tuna Salad | 6 |
| Grilled or Blackened Chicken Breast | 12 |
| Grilled or Blackened Salmon* | 10 |

*From The Gulf To You Sandwich
Six-ounce Fresh Catch Served Grilled,
Blackened or Crunchy, Toasted Challah Roll,
Lemon, Tartar Sauce. Choice of Side
Half Sandwich \& Soup
Craft Your Own Half Sandwich from the Deli Board
Served with a Cup of Our Daily Chef-inspired Soups

## The Deli Board

Whole Sandwich 11 Half Sandwich 8
Meats: Turkey Breast, Black Forest Ham, Chicken Salad, Tuna Salad, Egg Salad, Braunschweiger
Cheeses: Imported Swiss, Vermont Cheddar, American, Provolone, Blue Cheese Crumbles
Breads: White, Multi-grain, Wheat, Seeded Rye, Challah Roll, Thick Cut Marble Rye, Flour Tortilla, Gluten Free White
Side Selections: French Fries, Potato Chips, Fresh Fruit, Coleslaw, Cottage Cheese, Yogurt
Onion Rings or Sweet Potato French Fries Add 1

## Grilled Chicken BLT Wrap

Grilled Marinated Chicken, Smoked Bacon, Lettuce, Tomato, Cheddar Cheese, Mayonnaise, Flour Tortilla. Choice of Side

## Quesadilla

Chicken 15
Shrimp 17
Sauteed Peppers and Onions, Scallions, Tomatoes,
Roasted Corn, Cheddar Jack Cheese, Flour Tortilla
Served with Crispy Tortilla Chips, Guacamole, Salsa,
and Sour Cream
Q.C.C.C. Classic Club

Stacked Oven Roasted Turkey, Applewood Bacon, Leaf Lettuce, Sliced Tomatoes, Mayonnaise.
Choice of Bread and Side

## The Grille Reuben

Shaved Corned Beef, Sauerkraut, Swiss Cheese, Russian Dressing, Thick Marble Rye Bread. Choice of Side

## Frankfurter

8
Grilled All Beef¼lb. Boars Head Hot Dog,
Beef Chili Sauce, Diced Onions, Shredded Cheddar Cheese. Choice of Side
*Q.C.C.C. Burger
14
Eight-ounce, Char-Grilled, Black Angus Chuck Burger, Choice of: Swiss, Cheddar, American or Provolone Cheese, Toasted Challah Roll, Choice of Side

Beyond Burger Prepared Upon Request

## Executive Chef Bradley Fisher, CEC \& Culinary Team

(6) Blue Zones ${ }^{\circledR}$ Inspired

Blue Zones Project ${ }^{\circledR}$ is a community-led initiative that makes healthy choices
easier to find. Look for the blue checkmark for Blue Zones ${ }^{\circledR}$ inspired items.
Learn more at bluezonesproject.com.

