## **STARTERS**

#### Antioxidant Salad @ @

kale, arugula, strawberries, blueberries, goat cheese pumpkin seeds, goji berries, bee pollen granules pomegranate vinaigrette **9** 

#### **Caesar Salad**

romain lettuce, parmesan cheese, anchovy croutons, lemon, garlic **9** 

### Baby Arugula and Papaya Salad ®

avocado, pickled red onions, cucumber queso fresco, spicy lime-jalapeño vinaigrette **14** 

**Add:** chopped bacon 4 | herbed goat cheese 3 sautéed tofu 5 | grilled shrimp 11 shredded rotisserie organic free-range chicken 8 organic free-range chicken breast 8 | salmon 12 herb garlic marinated skirt steak 11 | ahi poke 12

## **ENTRÉES**

## Pear, Brie, and Walnut Quesadilla

pomegranate seeds, baby arugula salad with dijon vinaigrette **18** 

## **Pasta Bolognese**

ground beef in a rich tomato sauce fresh spaghetti, basil, parmesan cheese **17** 

#### Sautéed Local Halibut @

vegetable medley, beurre blanc sauce pesto mashed potatoes **29** 

## Maui Pineapple Bowl ®

teriyaki grilled chicken, sesame seeds green onions, broccoli, red bell peppers jasmine rice **27** 

#### Pad Thai ®

garlic, egg, tamarind, green onions, fish sauce dried shrimp, bean sprouts, peanuts, lime rice noodles

vegetables 16 | chicken 21 | shrimp 26 | combo 28

gluten free options available upon request

(GF) Gluten Free (GF) Vegetarian



## **FLAT BREAD**

## **Margherita Flatbread**

fresh mozzarella, basil, sliced tomatoes sea salt, virgin olive oil parmesan **14** 

### Sausage and Mushroom Flatbread

spinach, fontina cheese, oregano red sauce **17** 

Cantina Specials

## **Cantina Special Of The Day**

ask your server for details MP

# Hand Crafted Guacamole Chips and Salsa 11

#### **Mexican Carnitas Plate**

your choice of flour or corn tortillas salsa, lime, diced onions and cilantro served with rice and refried beans **16** 

#### **Enchilada Plate** (F)

served with rice and side salad salsa verde, pulled chicken, jack cheese cilantro, sour cream **18** 

#### **Pulled Chicken Taco Salad Bowl**

iceberg lettuce, cheddar cheese, guacamole grilled corn, mexican rice, refried beans sour cream, chipotle ranch, salsa fresca **17** 

#### **Cantina Fajitas**

peppers, onions, fajita spices, sour cream guacamole, salsa, refried beans, mexican rice *choice of flour or corn tortilla* chicken **23** | steak **26** | shrimp **28** | combo **31**